

Brecht Stables & Dustin's Place

Therapeutic Riding and Western Riding Lessons

“Using today- to make a better tomorrow”

~Summer Camp Packet~

DAY CAMP



The History of Brecht Stables and Therapeutic Riding

Brecht Stables & Dustin's Place was founded in name of my son, Dustin with Down Syndrome.

I was brought up with horses and used to spend the summers with my grandparents, who raised, trained and raced Standardbreds, also known as Harness Horses. I learned about self worth and respect by growing up with horses. I thoroughly enjoyed every second I had at the race track and with my grandparents- I learned more then I could have ever imagined.



Once my son was born, we found out that he had Down Syndrome. Like many parents of children with special needs, I blamed my self for his disability and went through many life lessons within my sons first year of life. I felt helpless and turned back to my horses to help me ease the confusion and try to understand what I was feeling.

As Dustin grew, it was very apparent that he had the same amazing bond with horses that my grandparents had seen in me so many years ago. Dustin was very afraid to get in the saddle, but once he learned that he was not going to get hurt, I now have to fight with him to get him back down on the ground.

I sat one day after quitting my previous job and it just clicked... why not match my passion of horses with my love for children with special needs? Soon after, "Dustin's place" was born.

Therapeutic Riding started in Europe in the 1950's. The achievements of Lis Hartel have been coined as the founding movement of Therapeutic Riding all over the world. Hartel, who not only



became the first woman to win medals in the 1952 and 1956 Summer Olympics in Dressage, she was also paralyzed from the knees down as a result of Polio.

Therapeutic Riding can help children and adults with all types of disabilities and can help improve balance, posture, trunk strength, self confidence, small and large motor skills, speech skills and hand eye coordination.

Summer Camp Information

Dates for camps-

****PLEASE MARK WHICH CAMP YOU ARE INTERESTED IN****

6737 Concord Rd Cumming, GA M-Th, 9-3pm and Fri 9-12 We will NOT be having our horse show at noon of Friday this year due to the Coronavirus.

\$350 for the entire week.

- June 15-19, 2020
- June 22-26, 2020
- July 6-10, 2020
- July 13-17, 2020
- July 27-31, 2020 Intermediate/Advanced (If you are not a current student, please make an appointment to make sure our group will fit your skills)

What to Bring for DAY CAMP-

- Extra pair of clothes
- Shoes with a leather heel such as riding or paddock boots (old tennis shoes can be substituted)
- Sack lunch for each day, including a lot of water

***Due to the Coronavirus, we will be taking special precautions during all of our camps. As of May 18th, 2020, the following will be our daily additions to camp- every single camper and volunteer will have their temperature taken as they arrive to camp. Every campers and volunteer will be required to fill out a questionnaire about exposure and symptoms at all. No camper or volunteer will be allowed to camp with any symptoms in the household, what so ever. All tack and common areas will be sanitized regularly. A porta potty will be rented for camp instead of going into the house to use the bathroom. That porta potty will also be sanitized regularly. Our Friday horse show will NOT be held this year in order to keep social distancing and to keep the number of people on the property at one time at a minimum. ***

Child's Information

Childs Name: _____

Childs Address: _____

Childs Age: _____ **Child Disability** _____

Parents Contact Information-

Name: _____ **Cell/work/home:** _____

Emergency Contact Information-

Name: _____ **Cell/work/home:** _____

Relationship to child: _____

People allowed to pick my child up: _____

Any known allergies: _____

Medications: _____

Is your child potty trained _____ **Need help with buttoning/unbuttoning** _____

Is there anything extra that you would like us to know about your child?

What is your child's riding experience? _____

What size tee shirt does your child wear? _____

I allow pictures to be taken of my child _____

I *DO NOT* allow pictures to be taken of my child _____

Would you like to join our mailing list?

Please fill in your email address _____

